



# EDEN

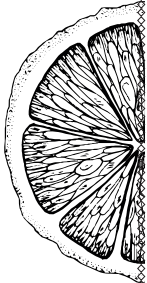
LOCAL

· Eat No Evil ·



*EDEN seeks to inspire a holistic lifestyle through the appreciation of the ingredients and the story of the people who harvest them.*

*Our ethos is that food can be sustainable, chemical & cruelty-free without compromising the style and taste.*



Chef David Laris

## LUNCH

### TO START

**SHISHITO PEPPERS (V, VG, GF, DF)**  
maldon

**OLIVES (V, VG, GF, DF)**  
kalamata, castelvetrano, nicoise

**PICKLES (V, VG, GF, DF)**  
seasonal pickle

### SMALLER

**FARMERS MARKET CRUDITE +  
HOUSE HUMMUS (V, VG, DF)**  
sunflower seed, sumac, seasonal vegetable

**SPROUTED LENTIL FALAFEL (V)**  
watercress, labneh, pomegranate, black lime

**SPROUTS + BRUSSELS CAESAR (GF)**  
boquerones, sprouted sunflower seeds, asparagus,  
walnuts nicoise

**SOUP OF THE HOUSE**  
ask your server

**BEETS SALAD (V, VG, GF, DF)**  
sunflower seeds, avocado, baby herbs, sprouted lentils,  
cashew cheese

**AVO TOAST (VG, DF)**  
grilled seeded rye, Paffenroth Garden radishes, pickled  
onions, togarashi, sunflower sprouts, egg

### SIDES

**SUGAR SNAP PEAS TEMPURA (V, DF)** 11  
anchovy, chili, citrus

**CHARRED SEASONAL MUSHROOM (V, GF)** 13  
chives, romesco

**SMASHED POTATOES** 8  
thyme, paprika, maldon

### LARGER

**ROASTED HEIRLOOM CARROTS (V, VG, GF, DF)** 21  
coconut caraway curry, bamboo rice, delfino cilantro

**SHAKSHUKA (V)** 19  
farm eggs, stewed tomatoes, kale, black olives, house  
made yogurt, sourdough, harissa

**FARM EGGS + NEUSKES BACON (GF, DF)** 23  
smashed potatoes, breakfast sausage, side salad

**KABOCHA GNOCCHI (V, GF)** 22  
zucchini, parmesan, charred corn, spinach

**BUFFALO MEATBALLS** 24  
whole wheat orzo, sweet 100's tomato sauce, parmesan

**WHOLE GRAIN RISOTTO (V, GF)** 21  
poached egg, roasted mushrooms, parmesan

**GRILLED HALF FREE RANGE CHICKEN (GF)** 29  
yukon, castelvetrano gremolata, crème fraiche

**EARTH BURGER (V)** 19  
black turtle beans, special sauce, avocado, Tewksbury  
cheese, charred onions

**DRY AGED BURGER** 24  
pickles, tomato, white cheddar, caramelized onions,  
special sauce, fries

### FRESHLY SQUEEZED

**ORANGE JUICE** 6

**HOT COCONUT + TURMERIC CAPPUCCINO** 6

**CARROT GINGER JUICE** 12

**GREEN JUICE** 12  
romaine, spinach, kale, apple, ginger

**BEEF JUICE** 12

**CASHEW MILK** 14  
date, hint of chocolate

We choose to source our ingredients organic and local whenever possible. We grow our own sprouts and we soak and dehydrate our nuts and seeds for optimal nutrition.

V: Vegetarian    VG: Vegan    GF: Gluten Free    DF: Dairy Free

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